

BLUE NILE

How to Determine Your Ring Size

Method Using a Ring You Already Own and Our Printable Guide

1. Print this guide with page scaling set to 100%.
2. Place a ring that you already own (or have borrowed, if this is a surprise engagement or a gift) over the circles to the right.
3. Match the **inside of the ring** to the circle nearest in size. The measurements shown refer to the **inside diameter** of the ring.
4. If the ring falls between two sizes, order the larger size.

Please Note:

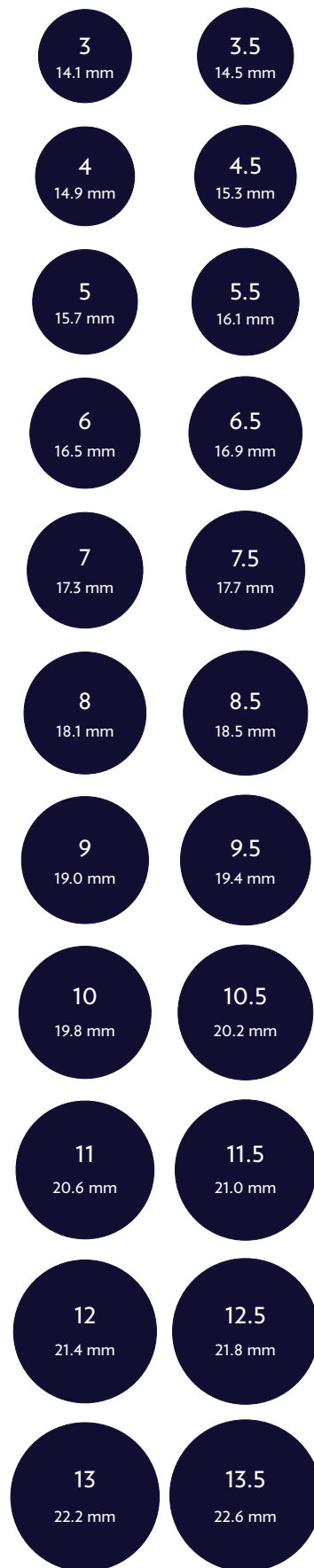
- Consider width. The wider the band, the tighter it may feel. You may need to go up by a half size.
- This printable guide serves as a reference, but for more accurate results, please order our free plastic ring sizer.

Method Using Our Free Plastic Ring Sizer

1. Get your free ring sizer at: <https://www.bluenile.com/education/rings/find-your-ring-size>
2. Measure your finger in the evening so your ring will be comfortable after a typical day of activity. Remove any of the pre-sized plastic rings from the grid. Each is marked with its corresponding size.
3. Once you find a plastic ring that feels right, try it on at least 3 to 4 times. Then try a size up and down just to be sure you have the best fit. Consider width. The wider the band, the tighter it may feel. You may need to go up by a size.
4. You'll know you've found the right size when the plastic ring is snug enough so it won't fall off (give your hand a good shake), but loose enough to slide easily over your knuckle.

Free Resizing

Ring sizing is free of charge for the first year, within sizing tolerances for that particular ring. Our diamond and jewellery experts are available to help with resizing or other questions 24/7 via phone, email or chat.



If the height of a credit card (54mm) fits inside this outline, your print scale is correct

Diameter (mm)	United States & Canada	Europe	UK & Australia	Singapore & Japan	Hong Kong	Switzerland
14.1	3	44	F 1/2	4	6	4
14.3		45	G	5		5 1/4
14.5	3.5		G 1/2		7	
14.7		46	H	6		6 1/2
14.9	4	47	H 1/2	7	8	
15.1			I			7 3/4
15.3	4.5	48	I 1/2	8	9	
15.5			J		10	9
15.7	5	49	J 1/2	9		
15.9		50	K		11	10
16.1	5.5		K 1/2	10		
16.3		51	L		12	11 3/4
16.5	6	52	L 1/2	11	13	12 3/4
16.7			M	12		
16.9	6.5	53	M 1/2	13	14	14
17.1			N			
17.3	7	54	N 1/2	14	15	15 1/4
17.5		55	O		16	
17.7	7.5		O 1/2	15		16 1/2
17.9		56	P		17	
18.1	8	57	P 1/2	16		17 3/4
18.2		18				
18.3			Q			
18.5	8.5	58	Q 1/2	17		
18.8		59	R		19	19
19	9		R 1/2	18	20	
19.2		60	S			20 1/4
19.4	9.5	61	S 1/2	19	21	
19.6			T			21 1/2
19.8	10	62	T 1/2	20	22	
20			U	21		
20.2	10.5	63	U 1/2	22	23	22 3/4
20.4		64	V		24	
20.6	11		V 1/2	23		
20.8		65	W		25	25
21	11.5	66	W 1/2	24		
21.2			X		26	
21.4	12	67	X 1/2	25	27	27 1/2
21.6			Y			
21.8	12.5	68	Z	26		28 3/4
22		69	Z 1/2			
22.2	13	70		27		
22.4			Z+1			
22.6	13.5		Z+2			